

# MEYO 2008-2009 Meet Schedule

## YMCA INTRASQUAD – HOME MEET (MEYO swimmers only)

**at: EAST YMCA**

Sunday (AM)	<b>October 5, 2008</b>	YMCA Practice Meet
We run this fun meet to give old families an opportunity to meet new ones and for the coaches to get competitive times on MEYO swimmers. This is also a training experience for new timers and volunteers for clerk of course, scoring and the like. A great pizza/bowling party follows the meet. You may swim up to 4 IE's. <b><i>There is no charge for this meet. Note: ALL MEYO parents are expected to work this HOME MEET.</i></b>		

## De FOREST FALL OPEN (A-BB-B-C)

**at: De FOREST**

Saturday	<b>October 11, 2008</b>	USA Meet
<b>De Forest H. S.</b>	4 IE's & 2 Relays	Reservation
(AM) 8&U and 9-10 (Wm-ups 7:00 A.M.) (P.M.) 12&U, 13-14, & Open (Wm-ups not before 11:00 A.M.)		
\$3.00 IE, \$12.00 Relays, \$3.00 Splash <b>ADM. \$3.00 Heat Sheet \$3.00</b>		

## VERONA (Swim Your Own Age)

**at: VERONA**

Sunday	<b>October 12, 2008</b>	USA Meet
<b>Verona Schools Natatorium</b>	<b>ADM – Free Heat Sheet - \$5.00</b>	Reservation
4 IE's & 1 Relay \$3.00 IE, \$10.00 Relays, \$3.00 Splash		
(AM) 9, 10, 11, 12 Year olds (Wm-ups – 7:30 A.M.) (PM) 7 & U, 8, 13, 14 & Over (Wm-ups not before 11:00 A.M.)		

## BELOIT PENTATHLON (High Point)

**at: BELOIT**

Saturday	<b>October 18, 2008</b>	USA Meet
<b>Beloit College Fieldhouse Pool</b>	Warm-ups start at 8:00 A.M.	Reservation
ALL SWIMMERS SWIM ALL FIVE STROKES \$3.00 IE, \$3.00 Splash <b>ADM. \$3.00 Heat Sheet \$3.00</b>		

## WOW OPEN

**at: WAUNAKEE**

Friday & Saturday	<b>October 24 &amp; 25, 2008</b>	USA Meet
<b>Waunakee H. S.</b>	Friday – Distance (12&U & Open) Wm-ups 4:50 P.M.	Reservation
Sat. (AM) 8&U and 9-10 (Wm-ups 7:00 A.M.) Sat. (PM) 11-12, 13-14, 15&O (Wm-ups not before 11:30 A.M.)		
4 IE's Per Day \$3.00 IE \$12 Reys \$3.00 Splash <b>ADM. \$3.00 Heat Sheet \$3.00</b>		

## J-HAWK (Swim Your Own Age) High Point

**at: WHITEWATER**

Sunday	<b>October 26, 2008</b>	USA Meet
<b>UW - Whitewater (Williams Center)</b>		Reservation
4 IE's Per Day & 1 Relay \$3.50 IE, \$12.00 Relays & \$3.00 Splash		
(AM) 8&U & Senior (PM) 10&U & 11-12 <b>ADM. \$3.00 Heat Sheet \$2.00</b>		

## WRAT OPEN (Single Age - High Point)

**at: WAUNAKEE**

Saturday & Sunday	<b>November 1 &amp; 2, 2008</b>	USA Meet
<b>Waunakee H. S.</b>		Reservation
(Sat.) 3 IE's (SUN.) 4 IE's & 2 Relays \$3.00 IE's, \$12.00 Relays & \$3.00 Splash Fee		
(SAT. AM) (Distance) 12 & Under and Open (Wm-ups – 7:00 A.M.) <b>SAT. ADM. \$2.00</b>		
(Sun. AM) 8&U, & 9-10 (Wm-ups – 7:30 A.M.) (Sun. PM) 11-12 & 13 & Over (Wm-ups not before 11:00 A.M.)		
<b>SUN. ADM. \$3.00 Heat Sheets \$2.00</b>		

## YMCA of DODGE COUNTY

**at: BEAVER DAM**

Saturday	<b>November 8, 2008</b>	YMCA
<b>Dodge County YMCA</b>		

## WEST YMCA TURKEY MEET

**at: MIDDLETON**

Sunday	<b>November 16, 2008</b>	YMCA
<b>Middleton H. S.</b>		

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## WESTERN GREAT LAKES OPEN (WGLO) (Cut Times) at: SCHROEDER (Milw.)

Friday, Saturday & Sunday	November 21, 22, & 23, 2008	USA Meet
<b>Schroeder YMCA</b>		Reservation
(Prelim / Finals Format)	3 IEs / Day, 6 IEs / Meet	\$5.00 IE \$12.00 Relay \$6.00 Splash
<b>(Fri.) Prelims (Sat.) Prelims / Finals (Sun.) Finals Cut-off times determine eligibility. Check with the Coaches</b>		

## McFARLAND OPEN at: McFARLAND

Saturday & Sunday	November 22 & 23, 2008	USA Meet
<b>McFarland H. S.</b>		Reservation
<b>(AM) 10&amp;U &amp; 11-12 (PM) 8&amp;U &amp; Senior / Open</b>		
4 IE's+ 2 relays \$4.00 IE, \$12.00 Relays, \$3.00 Splash		

## YMCA FINALIST (Recommended for "B" and above swimmers) at: SCHROEDER (Milw.)

Friday, Saturday, and Sunday	December 12, 13, & 14, 2008	YMCA Meet
<b>Schroeder YMCA</b> This meet has with CUT-OFF TIMES (Check with coaches)		

## GREEN COUNTY YMCA TOY MEET at: MONROE

Saturday	December 13, 2008	YMCA Meet
<b>Green County YMCA</b>		
This is a novelty meet with a toy instead of a heat winner ribbon		

## WEST YMCA WINTER OPEN at: MIDDLETON

Friday, Saturday, and Sunday	December 19, 20, & 21, 2008	YMCA & USA Approved
<b>Middleton H. S.</b>		Reservation
\$4.00 IE, \$10.00 Relays, \$3.00 Splash		
<b>(FRI.) Long Distance, 2IE's (SAT. &amp; SUN. (A.M.)) 11 &amp; Over (P.M.) 10 &amp; Under, 3 IE's/day (7 IEs per meet)</b>		
ADM. \$3.00 per session or \$5.00 per day Heat Sheet \$2.00		

## FROSTBITE INVITE at: LA CROSSE YMCA

Friday, Saturday, and Sunday	January 2, 3 & 4, 2009	YMCA Meet
This is a well organized and fun, two-day meet away from home. 4 IE's Per Day Parents and swimmers look forward to this meet each year. (Swimmers also receive a participation award.)		

## BARRACUDA SWIM TEAM (Swim Your Own Age) at: KENOSHA

Saturday	January 3 & 4, 2009	USA Meet
<b>Carthage College</b>		Reservation
4 IE's per day		
<b>(AM) 7&amp;U, 8, 9, 10, 11, 12 (PM) 13, 14, &amp; Senior \$4.00 IE, \$10.00 Relays, \$3.00 Splash</b>		

## OCTOPI SPLASH (A+BB+B+C)- HOME MEET at: WAUNAKEE

Friday, Saturday, Sunday	January 16, 17, & 18, 2009	YMCA & USA Approved
<b>Waunakee H. S.</b>		YMCA & USA teams are invited to this meet hosted by MEYO.
3 IE'S Per Day / Maximum 7 IE's per meet + Relays		\$4.00 IE, \$12.00 Relays, \$3.00 Splash
<b>(FRI) 10&amp;U, 11-12, &amp; Open (Wm-ups 4:30) (ADM. - \$1.00) (Heat Sheet \$1.00)</b>		
<b>(SAT &amp; SUN) (ADM. - \$3.00) (Heat Sheet - \$3.00)</b>		
<b>SAT &amp; SUN (AM) 8&amp;U, 13-14 &amp; Open (Wm-ups 7:00 A.M. (PM) 10&amp;U &amp; 11-12 (Wm-ups after completion of A.M.)</b>		
***** This is a home meet All Parents must work! *****		

## WOW OPEN at: WAUNAKEE

Saturday	January 30 & 31, 2009	USA Meet
<b>Waunakee H.S.</b>		Reservation
4 IE's per day		
<b>(AM) 8&amp;U, &amp; 9-10 (PM) 11-12, 13-14, &amp; 15 &amp; Over \$3.00 IE, \$12.00 Relays, \$3.00 Splash</b>		

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## SCHROEDER A PLUS (Must have Qualifying (AA) times) at: Schroeder (Milw.)

Friday, Saturday & Sunday	<b>February 6,7 &amp; 8, 2009</b>	USA Meet
<b>Schroeder YMCA</b>	Upper levels with A / AA Cut-off times	Reservation
You must meet or exceed A times. Prelims / Finals		
This is a meet for the elite, but there is great competition from all over the USA. Ask your coach if you qualify.		
3 IEs per day (7 IEs allowed for the meet) \$5.00 IE, \$12.00 Relays, \$6.00 Splash		

## DODGE COUNTY INVITE at: BEAVER DAM

Saturday	<b>February 7, 2009</b>	YMCA
<b>Beaver Dam YMCA</b>		

## OSHKOSH YMCA OPEN at: OSHKOSH

Friday, Saturday, & Sunday	<b>February 12, 13, 14, &amp; 15, 2009</b>	YMCA & USA Approved
<b>Oshkosh YMCA</b>		

## J-HAWK (8 & UNDER ALL STAR MEET) Single Age at: WHITEWATER

Sunday	<b>February 15, 2009</b>	USA
<b>U W-Whitewater (Williams Center)</b>	<b>8 &amp; Unders (High Point)</b>	Reservation
(AM) 5&U, 6,7, & 8 (Wm-ups 9:00 A.M.)	4 IE's and 2 Relays	\$3.50 IE, \$12.00 Relay \$3.00 Splash
A Fun Raffle and <b>ALL RECEIVE T-SHIRTS</b> (Adm.- \$3.00) (Heat Sheet - \$2.00)		

## USA REGIONAL #3 TIME TRIALS at: MIDDLETON H.S.

Friday, Saturday, & Sunday	<b>February 20, 21 &amp; 22, 2009</b>	USA Meet
This is the last chance to try and qualify in events that you do not have a USA State cut time. High School boys who are participating in the H.S. State Meet may deck enter events. Swimmers receive 1 <sup>st</sup> through 12 <sup>th</sup> place awards.		

## \*\*\*USA 12 & UNDER USA CHAMPIONSHIP\*\*\* at: MADISON

Friday, Saturday & Sunday	<b>February 27, 28, &amp; March 1, 2009</b>	USA Meet
<b>UW - Natatorium</b> This meet is only for those who qualify either before or at USA Sectionals		

## \*\*\*USA 13 & OVER STATE CHAMPIONSHIP\*\*\* at: Waukesha

Thursday, Friday, Saturday, & Sun.	<b>March 5, 6, 7, &amp; 8, 2009</b>	USA Meet
<b>Waukesha South H. S.</b> This meet is only for those who qualify either before or at USA Sectionals.		

## GREEN COUNTY YMCA DUAL MEET at: MONROE

Saturday	<b>March 7, 2009</b>	YMCA Meet
<b>Green County YMCA</b>	All Levels	
This is a meet between Green County and MEYO. It is ideal for those who are not participating in USA 13 & Over State. It is a good opportunity to try to achieve ut times before YMCA Sectionals.		

## YMCA SECTIONALS (REQUIRED MEET) at: Beaver Dam

Friday, Saturday, Sunday	<b>March 13, 14, &amp; 15, 2009</b>	YMCA Meet
<b>YMCA of Dodge County</b> This is a required meet for all levels.		
You are allowed to enter 4 individual events in your attempt to qualify for YMCA State.		
You may qualify at the Sectional Meet or at any previous meet. The coaches will put you in your best events.		
Relays must also have qualifying times.		
All swimmers must have participated in at least 2 swim meets for their YMCA to qualify to swim at this meet.		
Fees and times for sessions will be posted		

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## \*\*\*YMCA STATE\*\*\* (QUALIFYING TIMES)

at: **SCHROEDER (Milw.)**

Friday, Saturday, Sunday	<b>March 20, 21, &amp; 22, 2009</b>	YMCA Meet
<b>Schroeder YMCA</b>	Cut-times	
<p>This meet is for swimmers who meet qualifying times for both individual events and relays. Events for State are scheduled in the same order and on the same days as the Sectionals are.            ~~~ Swimmers must have qualifying times and, representing their YMCA, ~~~ must have competed in 3 meets (YMCA or USA).</p>		

## \*\*\*\*\* REGIONAL PRACTICE WEEK \*\*\*\*\*

There will be an additional YMCA fee charged for swimmers who utilize these practices. These practices are for those swimmers who will swim in the YMCA Regional Meet.  
 (Sign up at the front desk.)

## MYSA / YMCA REGIONALS (Qualifying times)

at: **MINNEAPOLIS**

Saturday, & Sunday	<b>March 27, 28, &amp; 29, 2009</b>	YMCA Meet
<b>University of Minnesota</b>	Some qualifying times (Check with the coaches)	

## YMCA SPRING NATIONALS (Qualifying times)

at: **FLORIDA**

Tues., Wed., Thurs., Fri.	<b>April 6, 7, 8, &amp; 9, 2009</b>	YMCA Meet
<p>This meet is held in Ft. Lauderdale, Florida at the Swimming Hall of Fame pool.            ~~~ Swimmers must qualify and must have participated in at least 3 interassociation (all YMCA) meets. ~~~            They also must have participated in a sanctioned YMCA Championship meet.</p>		

## \*\*\*\*\* STROKE CLINIC \*\*\*\*\*

**April 13 through May 8, 2009**

(Each week the coaches concentrate on a different stroke)

## \*\*\*\*\* SUMMER SWIM TEAM BEGINS \*\*\*\*\*

### LONG COURSE SEASON

Start date will be **May 11, 2009**

**Summer swim Team runs through July 31, 2009**

Dry land is also a part of summer swim team workouts.

Some of the meets are long course.

Summer meets are available from the END OF APRIL through July.

Check with Robin Berg or keep an eye on the website

## \*\*\*\*\* STARTS AND TURNS CLINIC \*\*\*\*\*

**This is part of Summer Swim Team, but you may sign up for it separately.**

**It is held each Friday during the Summer Swim Team season**

Check with Robin Berg for prices

Summer swim team participants are encouraged to also sign up for the **STROKE CLINIC** beginning on April 13– May 8, 2009. Summer swim team fees and available swim meets will be posted at a later date and will include Summer Nationals in Maryland.

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