

# MADISON EAST YMCA SWIM TEAM

~ In Pursuit of Excellence ~

We build strong kids, strong families, & strong communities.

[www.meyo.org](http://www.meyo.org)

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## 2008-2009

# Team Information Handbook

The Best Way To Catch Up With Your Coaches

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~~Age Group Coaches~~

(Head Coach) LYNN STICKELS (712-1300)

(Assistant Head Coach)  
DENNY OPHEIM (cell: 770-7389)

(11-12 Age Group Coach) MICHAEL RUDIE

(9-10 Age Group Coach) ANNE BARANSKI

(6 & Under Age Group Coach) PEG THOMPSON